



PERDUE® NAE RTC IF B/L S/L Ckn Breast Filet, Random (81960)

NAE Boneless, skinless broiler breasts, tender out, slit in half horizontally into 2 portions, are marinated, individually frozen and glazed. Packed in printed, resealable bags for a net weight of 10.00 lbs. each. Two bags/case. Shipped frozen.

Features & Benefits

- | No Antibiotics Ever
- | All Vegetarian Diet
- | No Animal By-Products

Ingredients

Boneless Skinless Chicken Breast Marinated and Glazed with up to 15% Solution of Water and Kosher Salt.

Allergens

none

Handling

Cook Level
Ready-to-Cook

Storage Method
Frozen

Storage Temperature
0° F

Shelf Life
306 Days

Preparation & Cooking

Oven:

- | Preheat oven to 350°F. Place frozen breasts in a foil-lined baking sheet.
- | Place breasts on middle oven rack. Cook uncovered for 25-30 minutes to internal temperature of 170°F. Grill:
- | Spray grill with cooking spray. Prepare grill so heat is medium hot.
- | Grill frozen breasts, cooking 8 minutes on each side, or until internal temperature reaches 170°F. Turn every 4 minutes. Skillet:
- | Lightly coat skillet with oil or cooking spray. Heat pan over medium-high heat.
- | Add frozen breasts and brown 2 minutes per side.
- | Reduce heat to medium-low. Cover and cook 7-9 minutes, or until internal temperature reaches 170°F, turning 3-4 times.

Nutrition Facts**

Serving Size: 4 oz (*RAW 112g)
Serving Per Container: 40

Amount Per Serving

Calories: 110 **Calories from Fat: 10**

% Daily Value*

Total Fat: 1g **2%**

Saturated Fat: 0g **0%**

Trans Fat: 0g

Cholesterol: 65mg **22%**

Sodium: 260mg **11%**

Total Carbohydrate: 0g **0%**

Dietary Fiber: 0g **0%**

Sugars: 0g

Protein: 21g **42%**

Vitamin A 0% • Vitamin C 2%

Calcium: 2% • Iron: 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**This is a representation of the nutrition label. The actual nutrition label may vary slightly.

Specifications

Case GTIN: 10072745819602

Item GTIN: 00072745829703

Case Weight: 20 LB. STD

Max Case Weight: 20 LB. STD

Case: 18.875 x 12.375 x 4.75

Case Cube: 0.64

Case per Pallet: 56

Pallet Tie Hi: 7 x 8

Federal regulations prohibit the use of hormones and steroids in poultry and pork.

Specifications subject to change 7/20/2018